

Whole Wheat Pita Pizza

Makes 1 pizza

Olive oil spray or 1 tsp olive oil
1 whole wheat pita bread
2 T pizza sauce
1/4 cup part skim shredded mozzarella cheese
1 t Italian seasoning
Optional: turkey pepperoni, spinach, basil, olives, or other veggies



Preheat oven to 400F. Use olive oil spray or liquid oil to grease baking sheet. Use a spoon to spread pizza sauce, leaving small amount of room for crust. Sprinkle cheese and any optional toppings, then sprinkle Italian seasoning on top.

Bake for 8-10 minutes or until edges are golden brown. Slice into wedges and serve.



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