

Cheesecake fruit dip

Yields 6 servings

4 oz Neufchatel cheese, softened at room temperature
1 box Jello Cheesecake flavored pudding mix
1 cup low fat vanilla yogurt



Using a stand or hand mixer using whisk attachment, blend together the cheese and pudding mix until well combined and no lumps remain.

Add the vanilla yogurt and continue to mix until smooth.

Keep refrigerated. Serve with fresh fruit such as berries, apples, peaches, or pineapple.



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